

SKINCARE

Client Information and Informed Consent Sheet

In order to serve you better and make the most of your session, please fill this form out PRIOR to attending your session. Thank you!

PLEASE PRINT



| |
|----|
| B |
| CC |
| TY |

DATE: _____

SECTION 1: CLIENT INFO

NAME _____ DOB _____ / _____ / _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

PHONE mobile _____ Mobile provider _____
 home _____
(to receive a text appointment reminder)

EMAIL _____
(You will be added to the TaoMassage business list and receive periodic announcements, promotions, etc)

DO NOT ADD ME TO EMAIL LIST

CIRCLE ONE ANSWER:

I would like services performed at: TAO 611 Bangs Avenue / at another location

I _____ would / would not like notes to be kept on my progress/services received at TAO.

SECTION 1: BACKGROUND INFO (please circle)

1. What **type of massage** do you prefer? soft medium firm

2. FEMALES: Are you pregnant? Yes No Maybe

3. Are you wearing **contact lenses** today? Yes No

4. **ALLERGIES** and REACTIONS to any of the following (please circle):

- | | | |
|----------------|---|----------|
| Pollen | Cosmetics | Fruit |
| Essential oils | hydroxy acids(i.e. glycolic, salicylic) | Medicine |
| Sunscreens | skin care product, if yes which? | Iodine |
| Shellfish | Fragrance | OTHER |
| Animals | Food | |

5. **Have you ever been under a dermatologist's care?** Yes No
if YES, When? _____ For how long? _____
For what condition/s? _____

6. **Have you ever had a skin treatment before?** Yes No
If YES: WHEN was your last facial? within 3-6mos Longer than 6mos ago
What did you like about the experience? _____
What did you dislike about the experience? _____

SECTION 2: EXFOLIATION AND BLEACHING HISTORY (please circle)

1. Have you **ever had any** of the following, indicate date of treatment
chemical peels laser
microdermabrasion any resurfacing treatments?

2. Are you **using any of the following** products, if yes indicate when last used:
Accutane Differin Adapalene Retin A Renova, Tazorac

3. **Acne medication?** yes no If yes, when and which drug? _____
4. Are you **currently using any products** that contain the following ingredients?
- | | | |
|----------------|--------------------------------------|-----------|
| Glycolic Acid | exfoliating scrubs | Sulfur |
| Lactic Acid | Hydroxy acid products | Cleocin-T |
| Salicylic Acid | Sulfur | |
| Cortisone | Vitamin A derivatives (i.e. Retinol) | |
5. Have you ever used a **bleach or fade cream** or and over-the-counter product?
- Hydroquinone Kojic Acid Over-the-counter product: _____
- Did you experience an allergic reaction to the bleach or fade cream such as:
- swelling itching fine bumps
6. Any **topical medications** that cause you to peel?
- Oral or Topical Antibiotics Steroids (Prednisone) Blood Thinners

SECTION 3: YOUR SKIN (please circle)

1. Describe your **skin type**.
- | | | | |
|-----------|---------|------------------------------|------------|
| Normal | oily | combination (oily in T-Zone) | acne prone |
| water dry | oil dry | | |
2. What skin care products are you **currently using**?
- | | | | | |
|------------------|----------|-----------|--------|-------------|
| soap | cleanser | exfoliant | masque | moisturizer |
| toner/astringent | eye care | sunscreen | others | |
3. On a scale of 1 to 10 (10 being the most sensitive) how sensitive is your skin?
- 1 2 3 4 5 6 7 8 9 10
4. **YOUR SKIN CONCERNS:**
- | | |
|---|--|
| <input type="checkbox"/> excess oiliness | <input type="checkbox"/> hyperpigmentation (sunsports or marks from breakouts) |
| <input type="checkbox"/> breakouts and blackheads | <input type="checkbox"/> redness/sensitivity or uneven complexion |
| <input type="checkbox"/> tired, dull skin | <input type="checkbox"/> would like smoother, more refined texture |
| <input type="checkbox"/> dry skin | <input type="checkbox"/> puffy eyes |
| <input type="checkbox"/> lack of firmness/elasticity | <input type="checkbox"/> dry/fine lines around eyes |
| <input type="checkbox"/> interested in anti-aging solutions | |

Please read the following statement carefully, then sign below.

I understand fully that services provided at TaoMassage are not a substitutes for medical examinations and/or diagnosis and that it is recommended that I see a physician for any physical ailment I may have. I also understand that failure on my part to disclose information could result in injury and/or illness and I hereby release TaoMassage and its agents from any claims resulting in such. I have stated all known medical conditions and take it upon myself to keep my service provider therapist updated on my physical health.

I understand that any information given is strictly confidential and will be used for no other purpose than to assist your service provider in providing suitable treatment which would take into consideration my specific requirements.

I understand that any illicit or sexually aggressive remarks, advances or gestures made by me will result in the immediate termination of the session, and I will be liable for payment of the scheduled appointment.

I have carefully read and understand all of the above and I have answered all questions fully and accurately.

CLIENT SIGNATURE _____ DATE _____